



Registered
NDIS Provider

NDIS Holiday Program

Thrive House Community Hub

12 – 17 YRS

DECEMBER 2025 – JANUARY 2026

3/8 Denna St, Maroochydore 4558.

1800 231 231 thehub@thrivehouse.com.au

<https://thrivehouse.com.au>

NDIS Holiday Program

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Week One



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Tuesday
16/12/2025

Deck the Hub with Holiday Cheer! – Bake and decorate your own Christmas cookies and decorate the Hub with DIY decorations – \$25



Step into a wonderland of festive fun as we kick off the season with a warm welcome and some jolly ice breakers to get everyone mingling. Then, unleash your inner elf with a hands-on session of DIY holiday magic. Think glittering ornaments, beautiful bunting and tasty treats! Once the masterpieces are made, it's time to transform the Hub into a cozy Christmas haven. Help decorate the tree and spread the joy by decking the halls with your handmade treasures.

Thursday
18/12/2025

Summer Splash – Excursion to Nambour Aquatic Centre water slides – \$20



Make a splash this summer with a fun-filled excursion to the Nambour Aquatic Centre! Dive into a day of swimming, water play, and soaking up the sunshine with friends. Whether you're gliding down the slides, floating in the pool, or just enjoying the relaxed vibe, it's the perfect way to cool off and celebrate the season. Don't forget your swimmers, towel, sunscreen, and your best poolside energy, this is one day you won't want to miss!

Friday
19/12/2025

Glittering Gemstones – Excursion to Opals Down Under – \$25



Get ready for a sparkling adventure! We're heading to Opals Down Under for a fun gem-fossicking experience at the Scratch Patch, followed by a relaxing picnic lunch. Then, back at The Hub, unleash your creativity with a jewellery making session, design beautiful clay earrings, beaded bracelets, and more! It's the perfect mix of exploration and creativity.



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Week Two & Three



Tuesday
23/12/2025



Jingle Jams Holiday party - Dress up party at the Hub with karaoke and party games - \$15

Get ready to jingle all the way at our Christmas Party at the Hub! Come dressed in your most festive 'Glitter Themed' outfits and bring your holiday spirit for an afternoon of laughter, music, and merry mischief. Belt out your favourite tunes with Christmas karaoke, join in on themed games that'll have you laughing like Santa, and soak up the joyful vibes with friends and fun. It's the perfect way to celebrate the season

Tuesday
30/12/2025



Reset, Refresh, Realign - Explore self-care and realign for the year ahead - \$15

Get ready for the New Year with a thoughtful and creative day focused on self-care, expression, and connection. We'll begin by making affirmation rocks to share messages of positivity, followed by a community outing to place them around the neighbourhood. Back at the Hub, we'll explore what helps us feel calm and grounded through a mix of relaxing yoga, sensory activities, and creating our own personalised "first aid kits" for wellbeing. It's a chance to reflect, recharge, and spread a little kindness, both to ourselves and others.

Friday
02/01/2026



Seaside Scavenger Hunt - Travel training and map reading journey - \$15

Ahoy, Mates! Navigate Like a True Explorer! Join us for a seaside adventure to Cotton Tree, where you'll practice travel training skills on the bus before diving into a Map Reading Challenge. Work together to follow clues and complete a Photo Scavenger Hunt, uncovering landmarks and learning navigation tips along the way. It's a day of independence, problem-solving, and discovery, because every great sailor needs to know how to chart their course!

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Week Four



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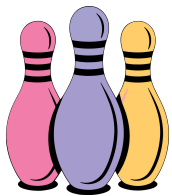
Tuesday
06/01/2026



Set Sail with SAILABILITY - Sailing day at Mooloolaba Sailing Club - \$20

It's time to hit the water! Join the crew at Sailability for a supported sailing experience at the Mooloolaba Marina. Whether it's your first time or you're already a sea pro, you'll love the freedom of sailing on the open water. After your session, we'll head to the nearby park for a picnic lunch and some fun ball games to wrap up the day. Sea breeze, sunshine, and good vibes all day long.

Thursday
08/01/2026



Strike up a friendship - Travel training & Excursion to Sun City Bowling - \$25

Start the day by building connections with Speed Friending! We'll use prompt cards to help you ask great questions and discover what makes new friends tick. Then, put those public transport skills into action as we head to Sun City Bowling for some ten-pin fun. Whether you're aiming for a strike or just enjoying the laughs, it's all about making memories and friendships that last!

Friday
09/01/2026



Green Thumbs & Garden Guardians! - Gardening and community adventure - \$15

Spend the day getting creative and learning about nature. First, decorate your own plant pot and discover the steps to potting and growing your very own plant. Then, head outdoors for a DIY Bug Hotel adventure, collect sticks, rocks, and leaves from the neighbourhood and build a cozy home for bees and bugs. Along the way, we'll explore why these tiny creatures are so important for a healthy garden.



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Week Five



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Tuesday
13/01/2026

Underwater Adventure - Travel training & Excursion to Sealife Aquarium - \$30



Join us for a day exploring the coast's marine life. We'll start by planning and navigating public transport together, an essential life skill for getting around independently. At SEA LIFE Sunshine Coast, you'll walk through the Ocean Tunnel to see sharks and rays overhead, visit the Little Blue Penguins, and check out interactive zones like the Tidal Touch pool. There's also a seal presentation and plenty of chances to learn about conservation and the unique species that call our oceans home.

Thursday
15/01/2026

Around the World: Japan - Travel Training + Cooking adventure - \$20



Ready for a cultural adventure? First, we'll hit the shops using public transport skills to grab fresh ingredients. Then roll up your sleeves and make your own sushi lunch, delicious and hands-on! After that, fold your way into the art of origami and see how a simple piece of paper becomes something amazing. To wrap up the day, chill out with some anime and discover why it's loved all over the world.

Friday
16/01/2026

On the Big Screen - Travel Training & Excursion to the Cinema - \$20



Flex your independence as we bus our way to Bikini Bottom to see 'The Spongebob Movie: Search for Squarepants' on the big screen. After the movie, we'll return to The Hub for some screen, themed fun. It's a day of confidence-building, entertainment, and laughter!



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Week Six



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Tuesday
20/01/2026

Set Sail for Adventure – Sailing day at Mooloolaba Sailing Club – \$20



It's time to hit the water! Join the crew at Sailability for a supported sailing experience at the Mooloolaba Marina. Whether it's your first time or you're already a sea pro, you'll love the freedom of sailing on the open water. After your session, we'll head to the nearby park for a picnic lunch and some fun ball games to wrap up the day. Sea breeze, sunshine, and good vibes all day long.

Thursday
22/01/2026

The Heart of Kabi Kabi Country – Excursion to Maroochydore Botanic Gardens – \$20



Spend the day surrounded by beautiful gardens and bushland as we explore the wild world of Maroochydore Botanic Gardens. Stroll along sensory trails, discover hidden artworks, and uncover the secrets of local ecosystems. We'll enjoy a picnic lunch in the peaceful surroundings before continuing our adventure through this stunning natural space.

Friday
23/01/2026

The Final Sizzle – Wrap up the holidays with ball games, park time, and a BBQ! – \$20



Celebrate the end of an epic holiday program with a relaxed day in the park. We'll play some favourite ball games, hang out in the sunshine, and fire up the BBQ for a laid-back lunch together. It's the perfect way to unwind, connect, and finish the week on a high note.



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About the Hub

Inclusive designed space

Our purposefully created space is a place where our Thrive House community build independence, spark creativity and foster friendships.



VTQ Partnership

Through the VTQ Pathways Program, we deliver nationally accredited and pre-vocational training that builds literacy, numeracy, and life skills. All sessions are 1:1 and tailored to individual learning styles.

A place to connect with others

Designed for young people and people with disabilities. We provide engaging, skill-building programs that encourage personal growth, confidence and social connection in a supportive environment.



Life skills & creativity

Participants take part in creative arts, social activities, health and wellbeing sessions, and community participation opportunities that encourage confidence and real-world experience.

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**Scan QR Code for
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