

NDIS School Holiday Program

Thrive House Community Hub (12-17 YRS)



Week One

Tuesday
07/04/2026

On the Big Screen – Travel Training Excursion to the Cinema – \$25



Get ready for a cinematic adventure as we head to the local movie theatre to enjoy one of the newest blockbuster releases! Sit back, relax, and enjoy a fun day with friends, complete with comfy seats and plenty of excitement on the big screen.

Thursday
09/04/2026

Scrubs and Suds – Hands on Creative Session at the Hub– \$25



Roll up your sleeves for a fun and fragrant DIY experience at the Hub! Today we'll be experimenting with different ingredients to create our own spa-day products. Whether it's something smooth, something bubbly, or something that smells amazing, everyone will get to design and personalise their own self-care creations, to take home and enjoy.

Friday
10/04/2026

Sand and Sails – A Supported Sailing Session at Sailability Mooloolaba– \$20



Set sail for a fantastic day out on the water with Sailability Mooloolaba! Enjoy a supported sailing session followed by classic beach games and a picnic in the park. Feel the ocean breeze, explore the shoreline, and enjoy a calm, sun-soaked day outdoors with your friends.

**Subject to weather conditions*



3/8 Denna St, Maroochydore 4558

1800 231 231

thehub@thrivehouse.com.au

<https://thrivehouse.com.au>



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Week Two

Tuesday
14/04/2026

Around the World, Italy - Themed Travel-Training, Cooking and Creative Day - \$20



Get ready for a delicious cultural adventure! We'll start the day with some real-life travel training as we head to the shops to choose our ingredients. Back at the hub, we'll roll up our sleeves to make fresh homemade pasta! Then, we will create colourful Italian-inspired mosaic coasters before finishing the day with an in-house movie.

Thursday
16/04/2026

Coast to Coast Adventure - Travel Training Coastal Adventure - \$20



Let's put our travel-training skills into action! Together we'll navigate the Sunshine Coast like pros, catching the bus to the beach before hopping aboard the Mooloolaba Ferry for a breezy coastal ride. Keep an eye out for fish and marine life along the way! We'll also explore local coastal playgrounds and enjoy a waterside packed-lunch picnic.

Friday
17/04/2026

Pizza Putt-Y - Outdoor Mini-Golf and Pizza Lunch - \$30



Finish the week with a full day of fun in the sun! We're heading out for a round of outdoor mini golf, enjoying fresh air, laughter, and a bit of friendly competition. After the game, we'll tuck into a delicious pizza lunch, the perfect way to finish off the holidays!



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