



**April, 2026**

## What's New at Thrive House!

We recently completed our midterm NDIS audit, It was great opportunity to be able to share the progress, improvements and dedication across our services. We are proud to share that we had no non-conformities and successfully passed the audit. This is a strong reflection of the quality of support we continue to provide and our commitment to best practice.

A big thank you to the entire Thrive team for their hard work and preparation leading into the audit. Their effort, attention to detail and commitment made this result possible.

## Update from the Thrivelings

This March, the Thrivelings hosted their annual St Patrick's Day BBQ at a local playground in Caboolture. The day was full of fun, with green hair, face paint and a BBQ shared with the community. The Thrivelings handed out party bags and snacks, and by the end of the day, it was hard to tell who was an official Thriving, with everyone joining in.

The Thrivelings also recently held their Easter event, East-RAWR. The dinosaur-themed day was a big success, filled with face painting, craft, a dinosaur hunt and a BBQ. The much-loved footy game between the Thrivelings and staff returned, with plenty of fun and friendly competition.

All Thriving events are planned together with the participants. From activities to food, everyone has a say. This helps build confidence, independence and gives the Thrivelings the chance to bring their ideas to life.

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# From Leeds Beckett University to Thrive House

## REFLECTING ON A SUCCESSFUL PLACEMENT EXPERIENCE

Thrive House was delighted to welcome Amy, a second-year student from Leeds Beckett University, who recently completed her placement with us as part of her Bachelor of Arts in Childhood Development and Playwork.

Amy travelled from Leeds, UK, as part of our ongoing collaboration with Leeds Beckett University, giving her the opportunity to apply her learning in a real-world setting.

During her time with us, Amy gained experience across multiple areas of Thrive House, including Positive Behaviour Support, Support Coordination, and working alongside our House Managers. She was also involved in the Community Hub School Holiday Program, where she particularly thrived through hands-on, practical experiences.

Amy shared: “My placement at Thrive House has been such a rewarding experience, meeting incredible workers and inspiring participants has made it both meaningful and unforgettable. It has given me valuable insight into the path I am pursuing.”



We were pleased to work alongside Leeds Beckett University and to support emerging practitioners like Amy as they continue to develop their professional practice. We thank Amy for her contribution to Thrive House and wish her all the best in her future career.

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# COMMUNITY HUB - EASTER SCHOOL HOLIDAY PROGRAM ACTIVITIES

Our Community Hub Easter School Holiday Program was a huge success, with two weeks full of fun, engaging and meaningful activities for our participants.

Each day offered something different, with a strong focus on building independence, social skills and confidence. Participants enjoyed a mix of creative sessions, cooking, travel training and community outings, all designed to support everyday life skills.

From trips out in the community to hands-on activities at the Hub, participants were able to learn, connect and have fun in a supportive and inclusive environment. A big thank you to our Program Manager Jessie for creating such a well-rounded program, and to our amazing support staff for making each day enjoyable and meaningful. Most importantly, thank you to our participants.

## Important Update:

We would like to share an important update with our community. Our NDIS Day Program closed at the end of April, along with holiday programs and social nights. This has not been an easy decision, and we are very grateful for the connections and memories shared over the years. Our team is still here to support you, with Positive Behaviour Support, Supported Independent Living (SIL) and Support Coordination continuing as usual during this transition.



We loved spending the holidays with you and are so proud of the skills and confidence you have built.

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## BEHAVIOUR SUPPORT FOCUS: ROAD TO REDEMPTION

The “Road to Redemption” approach is a simple and supportive way to help individuals learn from mistakes while understanding consequences and rewards.

Instead of focusing on punishment, this strategy teaches that mistakes are a normal part of learning. When something goes wrong, the focus shifts to what the person can do to make things right and move forward. This helps reduce shame, build accountability and strengthen trust.

### WHY THIS WORKS

A clear and predictable process helps the person understand what happened, why it matters and what they need to do next. It reduces defensiveness and gives them a fair chance to repair the situation and rebuild trust.

### HOW IT WORKS

The process starts with calm, neutral communication. The behaviour is addressed without blame, and the person is given the chance to explain their perspective. From there, a clear and achievable path is set to help the person ‘earn back’ trust or privileges.

This might include:

- Reflecting on what happened
- Following expectations over a short period of time
- Completing small, achievable tasks
- Repairing any impact on others, such as apologising or helping

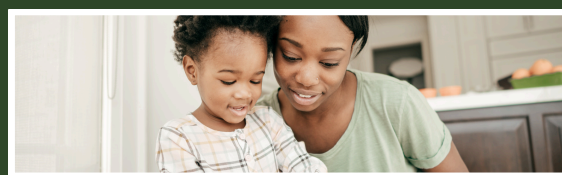
### LINKING CONSEQUENCES & REWARDS

Linking consequences and rewards  
This approach balances consequences and rewards in a fair and meaningful way.

- A consequence might be a temporary loss of a privilege when expectations are not met
- A reward is the opportunity to earn that privilege back through positive behaviour

This teaches that actions have outcomes, but also that positive effort leads to positive change.

Over time, this approach supports emotional growth, problem-solving and responsibility. It shows individuals that while mistakes have consequences, they always have the opportunity to repair, rebuild and succeed.



## Psychology Fact

People are more likely to repeat a behaviour when it leads to a positive outcome, like earning back a reward or privilege. This is called operant conditioning, where behaviour is shaped by consequences. When positive actions are followed by rewards, the behaviour is more likely to happen again.

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As we wrap up this edition, we want to thank our participants, families, staff and community for your ongoing support. While some programs are coming to an end, we are proud of everything that has been achieved and the connections that have been built along the way.

We remain committed to supporting you through our ongoing services and look forward to continuing this journey together.

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## **Contact & Feedback**

At Thrive House, we value your feedback! If you have any suggestions, questions, or need additional support, please reach out to our team. You can contact us by email at [hello@thrivehouse.com.au](mailto:hello@thrivehouse.com.au) or call us on **1800 231 231**



**Thank you for reading!**

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